



RESOURCE CARD FOR SENIORS

MENTAL HEALTH TREATMENT

CPC Integrated Health – 800-250-9811

Mental Health Association of Monmouth County -
732-542-6422

RWJ Barnabas Health – Monmouth Medical Center's
Early Intervention Support Services – 732-922-1042
Psychiatric Emergency Screening Services -
732-923-6999

Self Harm, Suicide & Crisis Hotline – Call or Text 988

CAREGIVER SUPPORT & ASSISTANCE

Division of Aging, Disabilities & Veterans – Caregiver
Specialist -732-431-7450

Project Lifesaver Tracking Bracelet -
732-308-3770 ext. 8780

Beacon of Life – All Inclusive Care – 732-592-3400
Geriatric Health Center – 732-923-7550

Visiting Physicians Service – 732-571-1000

Visiting Nursing Association – 800-862-3330

Guardianship – Adult Protective Services –732-531-1919

INSURANCE ASSISTANCE

State Health Insurance Assistance Program -
732-728-1331

Freehold area – 732-431-7450

Medicaid Recertification Support – 732-431-7450
Division of Aging, Disabilities & Veterans Services -
732-431-7450

Monmouth County Social Services – 732-431-6000

FOOD ASSISTANCE

Home Delivered Meals

Interfaith Neighbors – 732-775-0525 x227
Jewish Family & Children's Services
(Includes Kosher Meals) – 732-774-6886 ext. 40

Fulfill – 732-918-2600

Supplemental Nutrition Assistance Program -
732-431-6000

EVICTON AND HOUSING

Mental Health Association of Monmouth County-
732-542-6422

South Jersey Legal Services – 800-496-4570

Division of Social Services/Homeless Intake Unit -
732-431-6000 ext. 4613

Adult Protective Services – 732-531-9191

UTILITY ASSISTANCE & HOME REPAIRS

Assurance Wireless – 888-321-5880

NJ Utility Assistance Hotline – 800-510-3102

NJ Shares – 866-657-4273

Lifeline & the Affordable Connectivity Program -
800-234-9473

Habitat for Humanity – A Brush with Kindness -
732-728-0441 ext. 311

Handy Andy – 732-505-2273 ext. 212

Monmouth County Home Repair Program – 732-731-7460

SOCIALIZATION

Caregivers Volunteers of Central Jersey – Friendly
Visits & Reassuring Calls – 732-505-2273

Family and Children's Services – Telefriends & In
Home Recreation – 732-728-1331

Senior Citizens Action Network – Social Education
Classes 732-542-1326

TRANSPORTATION

Access Link – 973-491-4224

EZ Ryde 4 Life – 201-939-4242 ext. 4

Healthy Hop – 732-505-2273

Monmouth SCAT – 732-431-6485

